

TEAM BALANCE EXERCISE

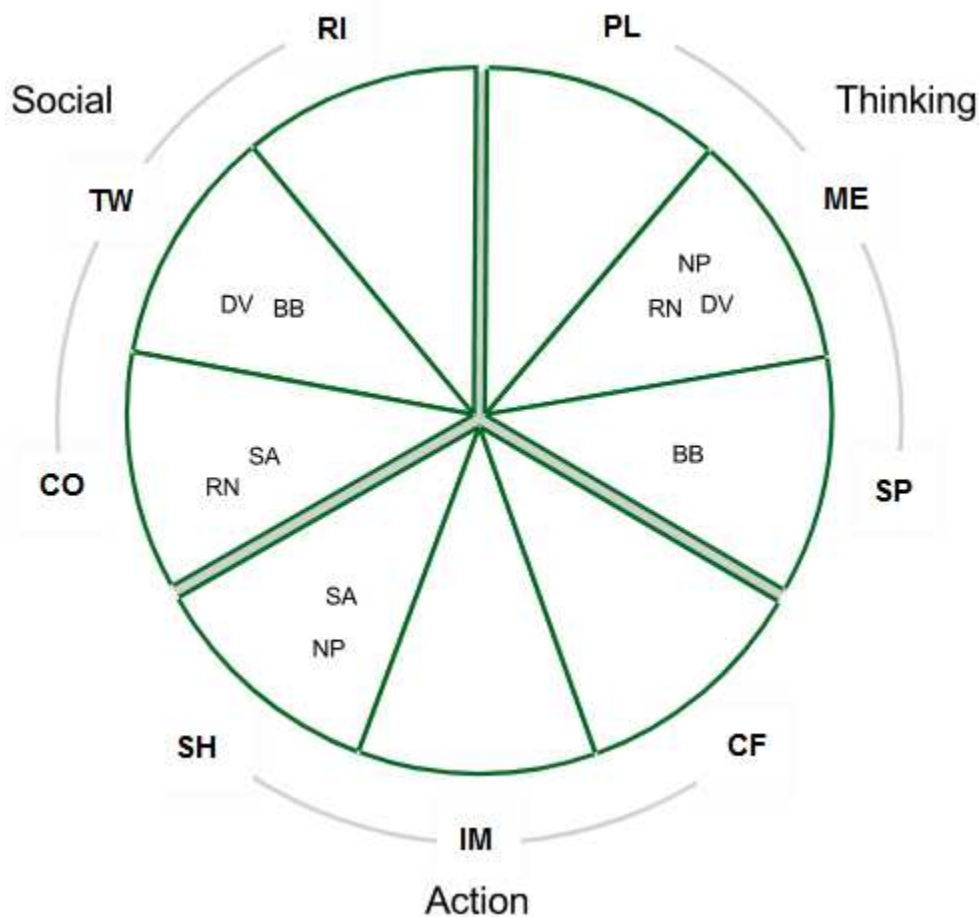
Purpose

The purpose of this exercise is to enhance understanding of the strengths and weaknesses of the team by analysing the Team Roles of the team members as a means of deciding what actions to take to improve team performance.

Method

As a group:

1. Draw a Team Role Circle on a flipchart as per the illustration below.
2. Write the initials of the top two Team Roles of each team member in the appropriate segment. (Use the Overall Ranking from the *Analysis of Your Team Role Composition* report to elicit the top Two Team Roles of each person. If you don't have this report use the *Team Role Preferences* report.)



3. Study the accompanying Team Role Circle and summarise what sort of things this team would be good at and what sort of things the team would not be so good at.
2. Discuss and agree what actions you would take to improve the performance of the team.

Appoint someone to record your conclusions for reporting back to the main group.

Time Allowed

20 minutes.

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